#### ARTSCAPE FOUNDATION

## 2022-2023 ANNUAL REPORT

Contact kamalika.artscape@gmail.com info@artscape.in

Website www.artscape.com

Registration 80G, 12A, GUIDESTAR, FCRA





## Founders Note

It is indeed a different world today. Covid has changed our way of living, individually, as a family and as a community. It has compelled us to look at the world through a different lens, encouraging us to realign and readjust. The new alignment has brought changes in our Body and drawn many new impressions on our Mind. The need to pay attention to this change within us is absolutely critical. The need for Artscape's core focus of building and encouraging conversations on Emotional Wellbeing and Resilience received continued recognition allowing us to build on our Programs. The arts is a beautiful tool in which to find solace and this entire year we were able to touch so many lives through the magic of music, movement, art, storytelling, drama. 'Art can permeate the very deepest part of us, where no words exist.' Eileen Miller On behalf of Team Artscape, I want to thank all our partners, facilitators, managers, donors, supporters, friends, well-wishers each and every individual who stood with us in this year of

Wish you all peace and happiness, in your being.

Love Kamalika

transition.



# Founder

Kamalika Guha Thakurta has been personally involved with the arts as a student and performer for more than three decades and that experience has given her an understanding that Arts can be used beyond entertainment. She has studied for a Diploma in Dance Movement Therapy from TISS, Mumbai. Kamalika uses her experience and learnings to design Sessions that cater to the needs of specific populations. She is supported by an able team of Managers, Mentors, Facilitators, Educators, Counsellors, Volunteers, Institutional Partners, and NGO Partners.

# Partners

Tata Memorial Hospital, Tata Trust - Assam Cancer Care Foundation, Indian Cancer Society, St Jude's India Childcare Center, V Care Foundation, Dr Ernest Borges Memorial Home, OnCare - Masina Hospital, RBL Bank, Eureka Forbes (EuroAbles), Hiranandani Builders, HUL, Tata Education and Development Trusts, Abbo, India Cast, ATG Tires, United Way Mumbai, Light of Light Trust, Flowering Tree Inc, Vatsalya Foundation, Vedanya School





# About Us

Artscape is a pioneering Non-Profit Organization, established in 2016, which works in holistic wellness, with emphasis on the need for emotional wellbeing.

Artscape is registered as SRIJON Foundation under the Societies Registration Act, 1860 holding a valid 80G certificate and is exempt from income tax u/s 12A of the Income Tax Act, 1961. It is registered with GUIDESTAR and has a valid FCRA certificate.

As defined by the World Health Organization (WHO), Health is "a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity."

Artscape is aligned with the Goal 3 of Sustainable Development Goals: Good Health and Wellbeing. The programs are designed to enable personal transformations by building on emotional awareness and a deep sense of Self that largely impact our attitude, decisions, relationships, and the way we look at life both in personal and professional spaces.

The organisation has four broad programs

- Care for Cancer
- Beyond Academics
- Corporate Wellness
- Open Circles





# Care for Cancer

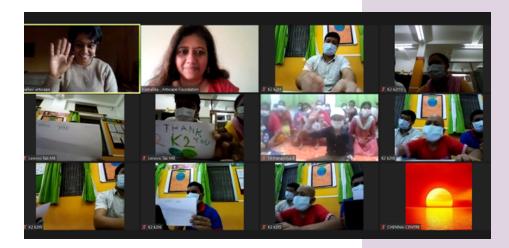


Artscape recognizes the dire need to intervene in this area through its Care for Cancer programme. The objective is to provide a platform to cancer patients, survivors and caregivers to engage and express their emotions, help them relax and enable them to attain a state of mental well-being under any given circumstance. Emotional support to Cancer Patients, Survivors and Caregivers to ease the process of recovery and rehabilitation.

With the help of music, I get to stay calm during the course of my treatment. I find the sessions very helpful.











# Care for Cancer

Total number of sessions : 64

Total number of beneficiaries: 4826

Partners St. Judes India Child Care Center Indian Cancer Society Karo Trust V-Care Foundation









# Beyond Academics

The Beyond Academics programme focuses on providing value and moral education among school going children for the responsible living. Sessions are designed using tools of Expressive Arts Therapy such as Music, Movement, Meditation & Visual Arts to provide value education and life skills. Life Skills and Value Education for children and young adults to create a confident generation, capable of rational thought and action, responsible towards themselves and to society at large.

Through these sessions I have learnt how to balance different things in my life and concentrate on what is important to be able to live a happy and fulfilling life.











# Beyond Academics

#### Total number of sessions : 84

Total number of beneficiaries: 1190

Partners Acorn Foundation YMCA - Juhu Cente Door Step School Kabir Learning Valley Foundation United Way Of Mumbai Apne Aap - Project Mumbai





The session has given me an understanding of how to relax and destress and also how it is important to love myself.

#### Total number of sessions : 10

## Total number of beneficiaries: 390

Partners Antarmanh Consulting Private Limited Abbott Healthcare Pvt. Ltd

## Corporate Wellness

Artscape recognizes the dire need to intervene in this area through its Corporate Wellness programme to provide a platform to engage and express their emotions, help them relax and enable them to attain a state of mental well being under any given circumstance through Expressive Art Therapy. Interactive and fun Sessions that help in better integration with the Self, and in turn with the Team and Workplace, thereby creating an effective environment for better internal functioning.





It was really something different I experienced today. Every activity helped me connect with myself on a different level and find meaning behind each task given.

#### Total number of sessions : 3

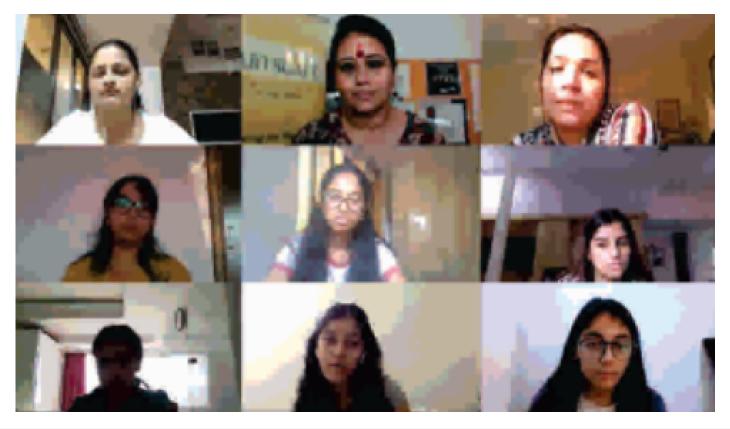
Total number of beneficiaries: 44

Partners Showers of Compassion Connect for Dan Utsav

# Open Circle

Virtual sessions for all population groups focused on selfcare and relaxation







# Volunteer Program

Volunteer Program-

Artscape was happy to participate in Jamnagar Narsee Co-Op Programme for the students of JNS ISC and JNIS IBDP Grade 11 and 12 to equip them with life experiences from March 17 to April 17, 11 Students contributed to the organization's work through different activities given to them based on their interest areas and skill sets.













## Our Process

Artscape has engaged with and emotionally empowered more than 30,000 beneficiaries through 4000+ Expressive Art Therapy Sessions delivered in physical and virtual platforms.

#### PROCESS

The method used for the implementation of the program is Expressive Arts therapy that combines psychology and the creative art techniques to promote emotional growth and healing. Trained facilitators conduct need-based sessions using music, body movement, drama, art, meditation, journaling, and creative art techniques that allow participants to find Emotional balance through Introspection - Reflection - Engagement - Expression to enable physical, emotional, social, and psychological well-being. Different forms of expressive art-music, movement, drama, visual arts, and several other tools are used to create a safe space for Individuals to engage and express their emotions non-verbally. The creative process helps one connect with their own self, thereby facilitating growth and healing.



#### Movement

- Creative natural movement
- Body awareness
- Improvisation



#### Music

- Singing
- Chanting
- Listening to music
- **Creating Rhythm**

### Visual Arts

- Dramatics
- Story telling
- Puppetry
- Clay modelling
- Creative writing
- Collage making
- Coloring/painting



### Meditation

- White light meditation
- Breathing exercises
- Breath awareness





## Stories of Impact



Mrs. Neelam Srivastava Cancer Survivor Partner : Indian Cancer Society

I enjoyed this session very much. Through the activities, I got to know about myself and that I am a good person. Knowing this has made me very happy.

Today for the first time in my life I did something for myself. It was like my soul, body and mind were blessed.



Mrs. Reeta Pandey Cancer Survivor Partner : Indian Cancer Society

I attended sessions on Self awareness, Motivation, Time management etc. I learned that we should move forwards with our strength and not think about our weakness everytime. It is better to see within yourself instead of looking negative things on others.

Ms. Shubhangi Lohre, Student Partner - United Way Mumbai





• We are cancer patients and these sessions are conducted to motivate us. We like it very much and forget about our problems for sometime. **9 9** 

Mrs. Meena Mandale. **Cancer Survivor** Partner : Indian Cancer Society





Mr. Sandeep Mandal, Teacher Acorn Foundation, Dharavi

••• I learned a lot from the Artscape session. Through the activities I learnt about my weaknesses and how to improve myself.After attending the Session on time management I am better able to manage my time in my study and normal life.

> Harsh Pandey, College Student Partner - United Way Mumbai

• Do not judge people's fear and understand that fear of other people is valid.

Mr. Aditya, Acorn Foundation



## **Team Members**

Ms. Kamalika Guha Thakurta - Founder and CEO Ms Madhulika Dhindaw - Outreach Consultant Mr. Ravikant Upadhyay - Manager - Admin Ms. Aishani Shah - Facilitator Ms. Sharmishtha Basu - Facilitator Ms. Atteet Bhandari- Facilitator Ms. Sejal Bhatt- Facilitator Mr. Aditya Garud - Facilitator Ms. Milonee Parekh - Facilitator Ms. Pallavi Deshmukh- Facilitator Ms. Renelle Snelleksz - Facilitator Ms. Divya Toshniwal - Facilitator Ms. Vidhi Desai - Facilitator

## Partners

- Tata Trust Hiranandani Foundation RBL Bank United Way Mumbai Indian Cancer Society V Care Foundation St. Judes India ChildCare Centers Nana Palkar Smruti Samiti Light of Life Trust Flowering Tree Inc Cancer Patients Aid Association Dr. Ernest Borges Memorial Home Make A Wish
- State Cancer Institute- Guwahati Dr. B Borooah Cancer Institute- Guwahati Eureka Forbes Tata Memorial Center Vatsalya Foundation NK Dhabar Cancer Foundation Healing Dove Foundation Connect For Alliance Tyre Group Project Mumbai Karo Trust Acorn Foundation YMCA



## Report of an auditor to accounts audited under sub section (2) of section 33&34 and Rule 19 of the Bombay public Trust Act.Name of the public Trust: SRIJON FOUNDATIONFor the year ending: 31st MARCH 2022Registration No. F-54605

(a)	Whether account are maintained regularly and in accordance with the provisions of the act and the rules,	YES
(b)	Whether receipts and disbursements are properly and correctly shown in the accounts,	YES
(c)	Whether the cash balance and vouchers in the custody of the manger or trustee on the date of audit were in agreement with the accounts,	YES
(d)	Whether all books, deeds, accounts, vouchers, or other documents or records required by the auditor were Produced before him except as reported in Annex. 1	YES
(e)	Whether a register of movable and immovable properties is properly maintained, charges therein are communicated from time to time to the regional office, and inaccuracies mentioned in the previous audit report have been duly complied with;	NO
(f)	Whether the manager or trustee or any other person required by the auditor or appear before him did so and furnished the necessary information required by him;	YES
(g)	Whether any property or funds of the trust were applied for any objects or purpose of the trust;	YES
(h)	The amount of outstanding for more than one year and the amounts written off, if any,	N.A
( i)	Whether tenders were invited for repairs, construction involving expenditure exceeding Rs.5000/-	N.A
(j)	Whether any money of the public trust has been invited contrary to provisions of sec.36, sec.35;	NO
(k)	Alienations if any of the immovable property contrary to the provisions of sec.36 which have come the notice of the auditor,	N.A
(l)	All cases of irregular, illegal, or improper expenditure, or failure or omission to recover monies or other property belonging to the public trust or the loss or waste of money or other property thereof, and whether such expenditure, failure, omission, loss or waste was caused in consequence of breach of trust or misapplication or any other misconduct on .	NO
(m)	Whether the budget has been field in the form provided by rule 16 A;	NO
(n)	Whether the maximum and minimum number of the trustees is maintained;	YES
(o)	Whether the meetings are held regularly as provided in such instrument;	YES
(p)	Whether the minute books of the proceedings of the meeting is maintained ;	YES
(q)	Whether any of the trustees has interest in the investment of the trust;	NO
(r)	Whether any of the trustees is a debtor or creditor of the trust;	NO
(s)	Whether the irregularities pointed out by the auditor in the accounts of previous year have been duly complied with by the trustees during the period of audit;	YES
(t)	Any special matter which the auditor may think fit or necessary to bring to the notice of the Deputy or Assistant Charity Commissioner.	NO

PLACE : MUMBAI DATE :

Chartered Accountants Auditor

#### The Bombay Public Trust Act, 1950 SCHEDULE - IX C [Vide\_Rule 32]

 Statement of income liable to contribution for the year ending :

 Name of the Public Trust :
 SRIJON FOUNDATION

 Registered No.
 :
 F-54605

31st March 2022

		Rs.	Р.	Rs. P	<b>'</b> .
•	Income as shown in the Income and Expenditure Account			2160	03
	(Schedule IX)				
I.	Items not chargeable to Contribution under Section 58 and				
	Rules 32 :				
	(i) Donations received from other Public Trusts and Dharmadas	NIL			
	(ii) Grants received from Government & Local authorities	NIL			
	(iii) Interest on Sinking or Depreciation Fund	NIL			
	(iv) Amount spent for the purpose of secular education	NIL		31,83,4	42
	(v) Amount spent for the purpose of medical relief	NIL			
	(vi) Amount spent for the purpose of veterinary treatment of animals	NIL			
	(vii) Expenditure incurred from donations for relief of distress	NIL			
	caused by scarcity, drought, flood, fire or other natural calamity				
	(viii) Deductions out of income from lands used for agricultural	NIL			
	purposes :-	NIL			
	(a) Land Revenue and Local Fund Cess	NIL			
	(b) Rent payable to superior landlord	NIL			
	(c) Cost of production, if lands are cultivated by trust	NIL			
	(ix) Deductions out of income from lands used for non-agricultural	NIL			
	purposes :-				
	(a) Assessment, cesses and other Government or Municipal Taxes	NIL			
	(b) Ground rent payable to the superior landlord	NIL			
	(c) Insurance Premia	NIL			
	(d) Repairs at 10 per cent of gross rent of building	NIL			
	(e) Cost of collection at 4 per cent of gross rent of building let out	NIL			
	(x) Cost of collection of income or receipts from securities, stocks, etc.	NIL			
	at 1 per cent of such income				
	(xi) Deductions on account of repairs in respect of buildings non	NIL			
	rented and yielding no income, at 10 per cent of the estimated				
	gross annual rent				

Certified that while claiming deductions admissible under tl claimed any amount twice, either wholly or partly, against any of the items mentioned in the Schedule which have the effect of double-deduction.

#### Trust Address :

B 401-402, HIBISCUS PANCH MARG OFF YARI ROAD ANDHERI W,MUMBAI

Place	:	Mumbai
Dated	:	

Place	Mumbai	
Dated	:	

For SRIJON FOUNDATION For SRIJON FOUNDATIO Trus President

For SRIJGN FOUNDATION υ Secretary

For SRIJON FOUNDATION A. G. La TR chile

Treasurer

SRIJON FOUNDATION BALANCE SHEET AS ON 31st MARCH 2022					
LIABILITIES	AMOUNT	AMOUNT	ASSET	AMOUNT	AMOUNT
o - the b Down do					
Capital Funds			FIXED ASSET	1 1	
Opening Balance		87,400		7.250	
ncome & Expenditure Account			Camera	7,250	6,163
Balance as per last balance sheet	3462394		Less : Depreciation	1,088	0,103
Add : Surplus	-1023387	2439007			
			Electric Tanpura	1,634	
			Less : Depreciation	245	1,389
CURRENT LIABILITIES					
TDS Payable	8036		FAN	481	
Sundry Creditors	-94040	(86,004)	Less : Depreciation	481	(0)
				10 474	
			Harddisk	10,474	0.000
			Less : Depreciation	1,571	8,903
			Harmonium	32,981	
			Harmonium		20.024
			Less : Depreciation	4,947	28,034
			Laptop	1,36,353	
			Less : Depreciation	37,541	98,812
			Less : Depreciation	37,341	70,012
			Ornaments	15,683	
			Less : Depreciation	2,352	13,330
			bess . Depreciation	2,002	10,000
			Scanner	2,625	
			Less : Depreciation	394	2,232
			bess : Depreciation		2,232
			Speaker	14,723	
			Less : Depreciation	2,208	12,515
			Tabla	4,360	
			Less : Depreciation	654	3,706
			Tanpura	13,005	
			Less : Depreciation	1,951	11,054
			Mahila		
			Mobile	9,499	
			Less : Depreciation	1,425	8,074
			CURRENT ASSETS		
			Loan And Advances	377849	
			Loan And Advances	377649	277040
					377849
			CASH & BANK BALANCE		
	1		Cash Balance	49,712	
			HDFC Bank	3,05,908	
	1		ICICI Bank	6,86,590	
			ICICI Bank-2395	29	
			RBL Bank	8,26,103	18,68,342
				0,20,103	10,00,342
		24,40,403		1	24,40,403

The above Balance Sheet to the best of my belief contains a true account of the Fund and Liabilities and of the Property and Assets of the Trust.

1) For SRIJON FOUNDATION 2)  $\gamma \sim 2h/m$ President Trustees Place: For SRIJON FOUNDATION Date: Ret Le Secretary auchte for

For SRIJON FOUNDATION A. G.La Thakta

Treasurer

As per our Report of even date For K S M Londhe & Associates Chartered Accountants

> CA. Kiran Londhe M. No. 137402

#### **SRIJON FOUNDATION** INCOME & EXPENDITURE A/C FOR THE YEAR ENDED 31 st MARCH,2022

EXPENDITURE	TRUST	INCOME	TRUST
To Rent	26000	By Srijon - Fee Receipt	1247800
To Salary		By Donation	381879
To Advertising		By Bank Interest	41111
To Programme Expenses	189445	By Interest On Income Tax Refund	25822
To Telephone		By Session Income	234253
To Interest on TDS	9894	By Prior Period Income	219700
To Professional Fee	1354417		9,500
To prior Period Item	43000	-	
To Bank Charges	8850		
To Courier Expenses	2601		
To Office Expenses	35370		
To Refreshement Expenses	4268		
To Printing& Stationery	15095		
To Cleaning Expenses	26000		
To Website Expenses	22204		
To Electricity Expenses	8290		
To Traveling Expenses	22886		
To Depreciation	54857		
To Stafff Welfare	48965		
To Repairs And Maintance	3007		
To Gifts	35,413		
To Surplus tranfered to Balance Sheet	(10,23,387)		
	21,60,065		21,60,065

For SRIJON FOUNDATION Trustees 1) Prestdent 2) For SRIJON FOUNDATION Thebute Secretary and for

Place: Date:

For SRIJON FOUNDATION

A. G. La Thata Treasurer

As per our Report of even date For KSM Londhe & Associates **Chartered Accountants** 

> CA. Kiran Londhe M. No. 137402

he Bombay Public Trusts Act, 1950. Name of the Public Trust :	SRUON FOU	SCHEDI   Vide Rule NDATION			
state of the Public Pract			Sist March 2022		
FUNDS & LIABILITIES	AMOUNT	AMOUNT	PROPERTY AND ASSETS	AMOUNT	AMOUNT
rust Fund or Copus:- Balance as per Balance Sheet Addition During the Year Yther Earmarked Funds :-	87,400 00	87,400 00	Immovable Properties:- (At Cost ) Office Premises Investments: - Furniture and fixtures -		
(Created under the provisions of the trust deed or Scheme or out of the Income ) Depreciation Fund			Balance as per last Balance Sheet Less : Sold Less : Depreciation		
Sinking Fund Any other Fund Building Fund Corpus Fund			Camera Less : Depreciation	7,250 1,088	6,163
Loans ( Secured or Unsecured ) From Trustees From other			Electric Tanpura Less : Depreciation	1,634 245	1,389
Current Liabilites & Provisions		-	FAN Less : Depreciation	481 	-
Sundry Creditors TDS Payable	-94040 8036	-86004	Harddisk Less : Depreciation	10,474 1,571	8,903.00
ncome and Expenditure Account :- Balance as per Balance Sheet Less. Deficit, if any Add. Surplus of Income & Expenditure Account	3462394.00	2439007.00	Harmonium Less : Depreciation	32,981 4,947	28,034
			Laptop Less : Depreciation	1,36,353 37,541	98,813.00
			Ornaments Less : Depreciation	15,683 2,352	13,331
	×.		Scanner Less : Depreciation	2,625 394	2,231
			Speaker Less : Depreciation	14,723 2,208	12,515
			Tabla Less : Depreciation	4,360 654	3,706
			Tanpura Less : Depreciation	13,005 1,951	11,054
			Mobile Less : Depreciation	9,499 1,425	8,074
			Loans ( Secured or Unsecured) : Goods/ doubtful		3,77,849 00
			Advances :- Fixed Deposit Reliance Inf Ltd		-
			Cash and Bank Balance:- HDFC Bank ICICI Bank ICICI Bank-2395 RBL Bank	3,05,908 6,86,590 29 8,26,103	
			Cash In Hand	49,712.00	1868342.0

The above Balance Sheet to the best of my belief contains a true account of the Fund and Llabilities and of the Property and Assets of the Trust.

1) For SRIJON FOUNDATION Trustees shim.

Place: Date:

2)

President

For SRIJON FOUNDATION and le file Rebule Secretary

For SRIJON FOUNDATION A. G. La TC deta

Treasurer

As per our Report of even date For K S M Londhe & Associates Chartered Accountants

> CA. Kiran Londhe M. No. 137402

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#### **Schedule Of Expenses**

<u>Particulars</u>	Amt
Rent	26000
Salary	1209287
Advertising	60500
Programme Expenses	189445
Telephone	3103
Interest on TDS	9894
Professional Fee	1354417
prior Period Item	43000
Bank Charges	8850
Courier Expenses	2601
Office Expenses	35370
Refreshement Expenses	4268
Printing& Stationery	15095
Cleaning Expenses	26000
Website Expenses	22204
Electricity Expenses	8290
Traveling Expenses	22886
Depreciation	54857
Stafff Welfare	48965
Repairs And Maintance	3007
Gifts	35,413
	3148039

For SRIJON FOUNDATION

7 ymahm. President

For SRIJON FOUNDATION

For SRIJON FOUNDATION A. G.L.C. TQ.L.C. Treasurer